

Муниципальное бюджетное общеобразовательное учреждение
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Шкотовского муниципального район Приморского края

To Eat or Not

To Eat

The History of Fast Food

Выполнила:

Панова Софья,
ученица 6 класса

Руководитель:

Панова И. Л.

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Project Goal

The study of the origin of fast food in different countries and the reasons for its distribution around the world.

Meaning of the Term

1. прочный, верный,
 2. быстрый, легкомысленный
- food: пища, еда, продовольствие



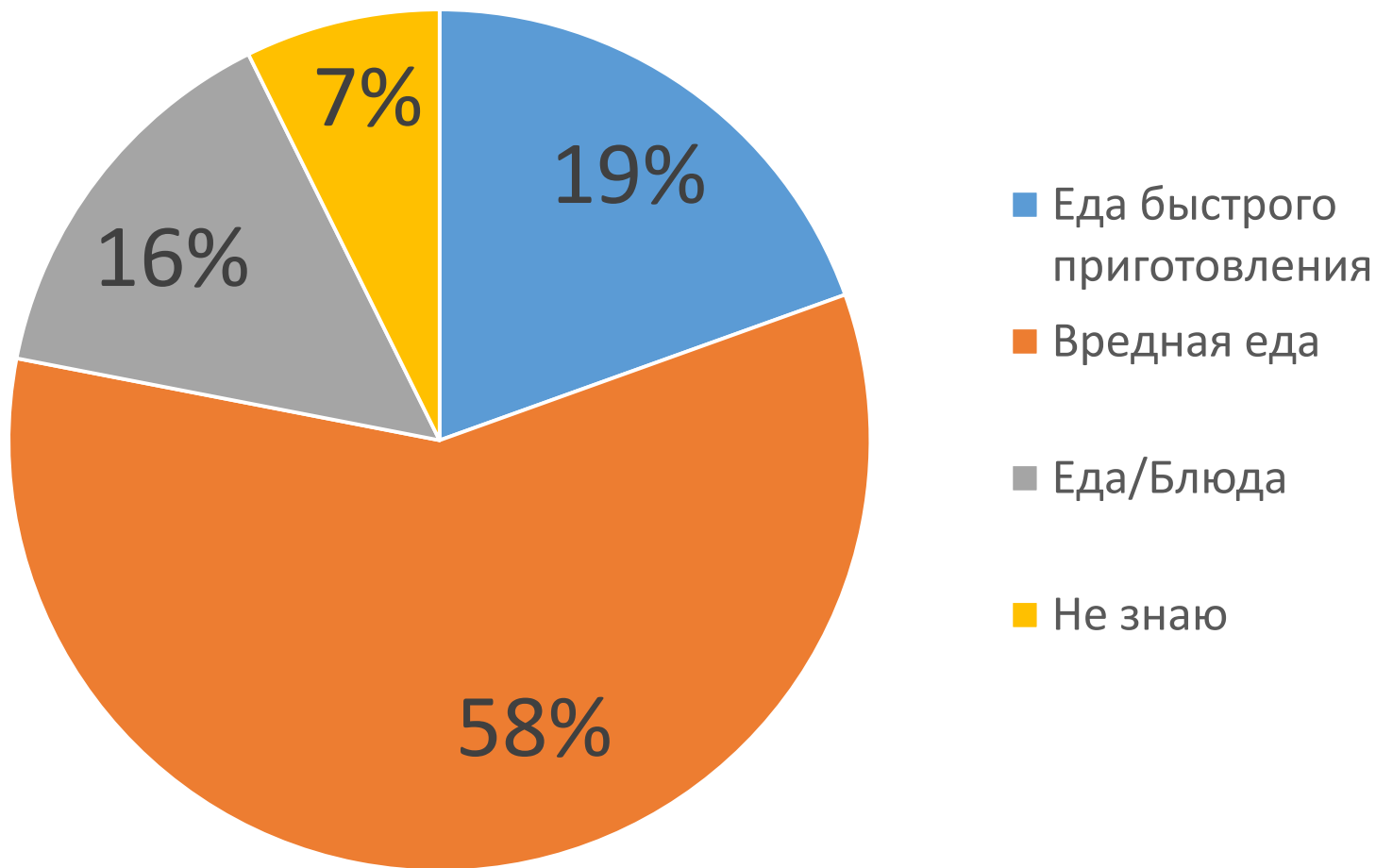
“быстрая пища/еда».

“hot food that is cooked and served very quickly in special restaurants. Fast food is often the type of food you can take away to eat, for example hamburgers or fried chicken...”

“food as hamburgers, pizza, or fried chicken, that is prepared in quantity by a standardized method and can be dispensed quickly at inexpensive restaurants for eating there or elsewhere.”

Что такое фаст фуд?

Результаты опроса



The World's Largest Fast Food Restaurant Chains

Ranked by the number of locations			Ranked by sales US\$	
1.	Subway	42,998	1. Subway	11.9 billion (2014)
2.	McDonald's	37,200	2. McDonald's	25.413 billion (2015)
3.	Starbucks	30,000	3. Starbucks	5.24 billion (2013,2016)
4.	KFC	20,404	4. KFC	23 billion (2013)
5.	Burger King	16,859	5. Burger King	8.6 billion (2014)
6.	Pizza Hut	16,796		
7.	Domino's	15,000		
8.	Dunkin'	11,300		
9.	Baskin-Robbins	7,500		

The World's Largest Fast Food Restaurant Chains



The USA most popular dishes



The UK most popular dishes



Chinese most popular dishes



Russian most popular dishes



The History of Fast Food



Food for sale
in Ancient Rome

Middle Ages had street vendors



Fish & Chips



1863

Mossley market in
industrial Lancashire



1902

AUTOMAT

HORN & HARDART

PIES



PIE SECTION

HOT COFFEE



LIQUID MACHINE

FIFTY-SEVENTH STREET and SIXTH AVENUE, NEW YORK

The History of a Hamburger



12th century

→ **Moscow**

1763



1885-1886?



1900

Mongol horsemen put raw meat under their saddles. The pounded meat was tender to eat raw.

Hamburg Sausage

Charlie Nagreen sold hamburgers at the Seymour Fair

Louis Lassen sold the first hamburger in the United States

an oral fact

a written fact

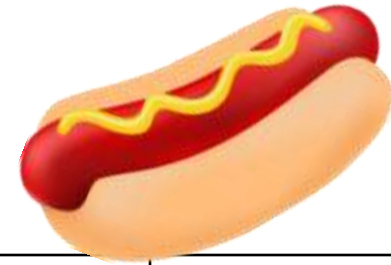
To Eat or Not To Eat

Hamburger
nutrition



Calories:	266
Fat:	10.1g.
Sodium:	396mg.
Carbohydrates	30.3g.
Fiber:	1.1g.
Sugars:	5.2g.
Protein:	13.3g.

Hot dog
nutrition



Calories:	290
Fat:	23g.
Sodium:	810mg.
Carbohydrates	13g.
Fiber:	0g.
Sugars:	4g.
Protein:	9g.

How to Make Fast Food Healthier





Conclusion

We have found out

- the origin of some fast food dishes;
- the popular dishes in the USA, the UK, China and Russia;
- national kinds of fast food;
- the nutrition of the most traditional fast food;
- the ways how to make it healthier

Thank you
for
attention!